



## ACC Healthy Celebrations and Classroom Snack Policy

Refreshments should complement fun, not become the “main event.”

At ACC all classroom snack or celebration foods must meet the USDA “Smart Snacks in School” nutrition standards. “Smart Snacks” aim to improve student health and well-being, increase consumption of healthful foods during the school day, and create an environment that reinforces the development of healthy eating habits.

The School Nutrition Program (SNP) will provide a list of foods and beverages to Parents, teachers and staff that are acceptable for snack food and celebration use in the classroom.

The goal: To provide nutrient dense snacks to students, while reducing foods high in sugar, sodium and empty calories.

Celebration food brought in by parents for classroom sharing, that does not comply with the guidelines (such as cupcakes or pop) will be sent home with the student. Non-food celebration ideas are highly encouraged.

**\*This policy does not prohibit any foods that may be brought in a student or staff’s personal lunch, or for their own individual consumption. Nor does it apply to adult only celebrations.**

**\*All foods brought into the school for student celebration sharing must be commercially made and may not be produced in a home kitchen without the benefit of inspection.**

Questions? Please contact the Nutrition Program Office at 651-294-4657